



5 Golden Rules For Business Success

Revealing the Secrets of Highly Successful People

Have you ever wondered why some people setting up a business achieve phenomenal success while other, equally talented and hard-working people, often achieve mediocre results. In this seminar Mick Rock reveals how the dynamic success achieved by some people in business is often created by a change of approach in a few important areas.

He will share the secrets of highly successful people and explain his 5 golden rules for success. These rules are both easy to understand and simple to implement but can quite simply transform the results that you achieve in the future.

Benefits of Attending this Seminar

During this interactive workshop you will

- learn when and how to persist in achieving your goals and dreams
- discover a simple tool which will enable you to tap into your incredible inner resources
- know how to identify and develop the key skills that can transform the results you achieve
- learn about the amazing power that self belief can play in your life and discover techniques to break through limiting beliefs and create empowering beliefs for success
- be motivated to take the actions required to create greater happiness and success in your life and business

Many of these solutions offered are important in any circumstances but some have become particularly relevant in the current climate. The ultimate result of the workshop will be that you will feel much more confident that you can create a successful business or career and that you know the key steps required to start making this happen.

Options Available

Our “5 Golden Rules for Business Success” programme is usually run as a 1.5 to 3 hour seminar depending on the number of people involved and the budget available. Our seminars are ideal for larger groups (usually between 20 and 200)

We also deliver one to one sessions which will provide a detailed exploration of the tools and techniques we cover and an individual analysis of the participant’s challenges in this area.

If you are interested in this seminar please contact us and we can discuss the best option for you or your organisation.

Who would benefit from this programme

This programme is ideal for anyone starting or currently running their own business. However the tools and techniques covered are equally applicable to people at all levels in an organisation and the programme can be tailored further to meet their needs if required.

About the Speaker – Mick Rock



Mick is a dynamic prize winning speaker who has inspired audiences of all shape and sizes. His sessions are always thought provoking, lively and highly entertaining. He knows how to fully engage his audiences to ensure they thoroughly enjoy his sessions and understand the key learning points that, when implemented, will transform their lives.

He is extremely passionate about his role in helping people achieve success in life and business. As a qualified Executive and Life Coach and a Motivational Speaker he has helped hundreds of people to set up their own businesses, obtain greater work life balance and achieve a wide variety of goals. And with over 20 years business experience, he understands the increasing challenges that people in business face.

Feedback from previous participants

Our programmes consistently receives very positive feedback from the people who participate. Here are just a few examples for this programme.

"Mick, the "5 Golden Rules for Creating Business Success" seminar – what can I say, I'm buzzing! This seminar is a must for Business owners and aspiring entrepreneurs alike. I've already start putting my seminar notes into practice and, let me tell you, I feel you've saved me more time and energy in more ways than one! I can focus on whats important in my own business mastery!"

Craig Clarke

"I attended Mick's Seminar, 5 Golden Rules For Creating A Successful Business during the Fingal Enterprise Week. The session was informative, interesting and very inspirational. Mick knows this subject very well and he presented it with enthusiasm, encouragement and ease, interacting well with his audience. I found it to be a valuable learning experience!"

Louise Fagan
Stress Management Consultant & Yoga Instructor
The Wellbeing Institute

"I attended a seminar Mick held on the 5 Golden Rules for Business Success. I found his advice superb and the seminar was very engaging. I gained lots of great tips that I will implement in my company. I would highly recommend his services for anyone looking to achieve their potential in business."

Danielle Townsend
Creative Director
Danielle Townsend Design

"Recently I had the opportunity to attend a seminar by Mick Rock on his "5 Golden Rules for Business Success". The presentation was very interesting and delivered brilliantly. I would strongly recommend Mick's coaching to any individuals, groups or businesses that what to find and reach their full potential."

Richard Hearn
Artist

For more feedback on this and other Act Now events go to www.actnow.ie/client-feedback/

Costs

The cost of the programme will depend on the duration, which can vary from 1.5 to 3 hours, and on the number of participants. It is designed to be a very cost effective programme which can work out as low as €5 per participant for larger groups.

